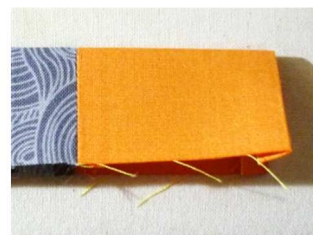


FREE TUTORIAL: Double or French Binding

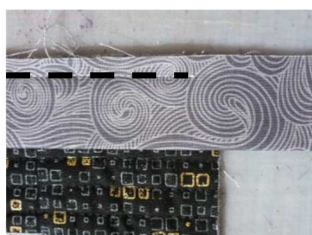
Whether you are making a binding in one colour or a scrappy binding this tutorial will show you how



Cut strips for your binding 2½ inches wide. Square off the short ends, place them Right Sides Together (RST) and stitch with a ¼ inch seam. Press these short seams open. You will need to make enough binding to go all round your quilt plus 6 inches. Press the long strip in half Wrong Sides Together (WST)



Position the binding on the front of your quilt half way down one side with the raw edges together. Start the ¼ inch seam approx 5 inches from the end of the binding.



Continue this ¼ inch seam and stop ¼ inch away from the edge of the quilt. Back stitch to secure the thread and take the work out from under the sewing machine.



Fold the binding up, away from the quilt, at an angle of 45 degrees so that the raw edge of the binding lines up with the next edge of the quilt



Fold the binding back on itself to line up with this second edge and, starting right from the corner, stitch with a ¼ inch seam. Repeat this at each of the corners.



Turn the last corner and stop the seam leaving about 8 inch unstitched with both ends of the binding loose. Trim the loose ends of binding so there is an 1 inch overlap roughly in the middle of this gap



Fold ½ inch of each of the loose ends of the binding WST so they just meet in the unstitched gap



Fold the unstitched gap together on itself so the loose ends of the binding meet and pin the quilt together so you can manipulate the binding ends easily



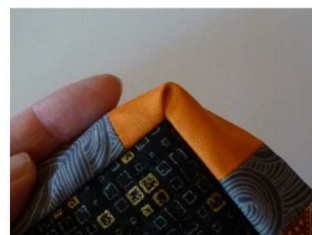
Match the fold on the ends of the binding RST. Pin carefully both sides of the fold. Stitch very slightly to the inside of the fold (closer to the quilt) to ensure a tight fit



Unpin the fold in the quilt and check the length of your joined piece against the unstitched gap.



Finger press the seam open and stitch in place; overrun the original seams at both ends



Push the corners out firmly so the mitre folds form neatly on the front



Fold the binding to the back of the quilt, pulling it tight since a loose, empty binding will wear badly over time. Fold the corners neatly and hand stitch the binding to the back of the quilt